



Updated: January 2, 2020

**UNPACKING OF THE CURRICULUM**

| Specialization: DRESSMAKING (NCII)                                  | Number of days |
|---|----------------|
| <b>GRADE 11</b>   |                |
| <b>Quarter: 3RD QUARTER</b>   |                |
| <b>INTRODUCTION</b>   |                |
| 1. Core concepts in dressmaking                                     |                |
| 2. Relevance of the course  |                |
| 3. Career opportunities   |                |
| <b>PERSONAL ENTREPRENEURIAL COMPETENCIES - PECS</b>                 |                |
| <b>LO 1. DEVELOP AND STRENGTHEN PECS NEEDED IN DRESSMAKING.</b>     | 1              |
| 1. Dimensions of Personal Entrepreneurial Competencies              |                |
| 1.1. Three Clusters of PECs (Achievement, Planning, Power Clusters) |                |
| 1.2. Characteristics  |                |
| 2. Assessment of Personal Competencies and Skills (PECs)            |                |
| <b>BUSINESS ENVIRONMENT AND MARKET (EM)</b>                         |                |
| <b>LO 1. DEVELOP A PRODUCT/ SERVICE IN DRESSMAKING</b>              | 1              |
| 1. Factors included in the Business Environment                     |                |
| 2. Spotting and Identifying Business Opportunities                  |                |
| <b>LESSON: PRODUCE CHILDREN'S WEAR (CW)</b>                         |                |
| <b>LO 1. DRAFT AND CUT PATTERN FOR CHILDREN'S DRESS</b>             | 8 weeks        |
| 1. Designs of children's wear                                       |                |
| 2. Characteristics of a well-fitted children's wear                 | 1              |
| 3. Types of fabrics suited for children's dresses                   |                |
| 4. Types of sleeves   |                |
| 4.1. Set-in   |                |
| 4.2. Puff   |                |
| 4.3. Bell   |                |
| 4.4. Butterfly  |                |
| 4.5. Angel  |                |
| 5. Types of collars   |                |
| 5.1. Peter pan  |                |
| 5.2. Sports   |                |
| 5.3. Sailors  |                |
| 5.4. Flat   |                |
| 6. Types of skirts  |                |
| 6.1. pencil   |                |
| 6.2. balloon  |                |
| 6.3. pleated  |                |
| 6.4. sheared or gathered  |                |
| 6.5. peplum   |                |
| 6.6. bubble   |                |
| 7. Types of facing and interfacing                                  | 1              |
| 8. Types of pockets   |                |
| 8.1. Patch  |                |
| 8.2. Seam   |                |
| 8.3. Welt   |                |
| 9. Project plan for children's wear                                 | 1              |
| 10. Body measurements for children's wear                           | 1              |
| 11. Procedure in taking body measurement for children's wear        | 1              |
| 12. Procedures in drafting basic/block pattern for children's wear  | 3              |
| 13. Manipulating basic/block pattern for children's wear            | 3              |
| 14. Techniques in cutting final pattern                             | 1              |
| <b>LO 2. PREPARE AND CUT MATERIALS FOR CHILDREN'S DRESS</b>         | 2 weeks        |
| 15. Accessories and accents for children's wear                     |                |
| 16. Laying out pattern pieces for children's wear                   | 3              |
| 17. Transferring of marks onto the fabric                           |                |
| 18. Cutting fabrics   | 3              |

|   |                          |                |
|---|--------------------------|----------------|
|   | <b>TOTAL NO. OF DAYS</b> | <b>32</b>      |
| <b>4TH QUARTER</b>  |                          |                |
| <b>LO 3. ASSEMBLE GARMENT PARTS FOR CHILDREN'S WEAR</b>                             |                          | <b>8 weeks</b> |
| 1. Pre-assembling procedures for children's wear                                    |                          | 3              |
| 2. Techniques pressing in children's wear   |                          | 3              |
| 3. Preparing parts for sewing   |                          | 3              |
| 4. Unit method of assembling  |                          | 5              |
| 5. Procedure in assembling children's dress   |                          | 5              |
| <b>LO 4. APPLY FINISHING TOUCHES ON CHILDREN'S WEAR</b>                             |                          | <b>2 weeks</b> |
| 1. Finishing touches  |                          | 5              |
| 1.1. Hemming stitches*  |                          |                |
| 1.2. Types of fasteners   |                          |                |
| 1.3 Buttons*  |                          |                |
| 1.4 Snap*   |                          |                |
| 1.5 Hook and eye*   |                          |                |
| 1.6 Zipper*   |                          |                |
| 1.7 Magnetic tape*  |                          |                |
| 2. Attaching fastener   |                          | 2              |
| 3. Trimming techniques for children's wear  |                          | 2              |
| 4. Procedure in pressing children's wear  |                          | 2              |
| 5. Application of heat and pressure on children's wear                              |                          | 2              |
| 6. Characteristics of a well-fitted children's wear                                 |                          | 1              |
| 7. Evaluation of finished children's wear   |                          | 1              |
| 8. Labeling of garments   |                          | 2              |
| 9. Kinds of packaging materials   |                          | 1              |
| 10. Procedure in packing of children's wear   |                          | 1              |
|   | <b>TOTAL NO. OF DAYS</b> | <b>38</b>      |
| <b>4TH QUARTER</b>  |                          |                |
| <b>ADDITIONAL PROJECTS FOR ENHANCEMENT (IF PREVIOUS LESSON IS FINISHED EARLIER)</b> |                          |                |
| <b>LO 1. DRAFT AND CUT PATTERN FOR LADIES' BLOUSE</b>                               |                          |                |
| 1. Designs of ladies' blouse  |                          | 1              |
| 2. Types of fabrics suited for ladies' blouse                                       |                          |                |
| 3. Types of necklines   |                          | 2              |
| 4. Types of sleeves   |                          |                |
| 4.1. Set-in sleeve  |                          |                |
| 4.2. Puff sleeve  |                          |                |
| 4.3. Kimono   |                          | 5              |
| 4.4. Raglan   |                          |                |
| 4.5. Dolman   |                          |                |
| 5. Types of facings and interfacings  |                          | 2              |
| 6. Types of pockets   |                          |                |
| 6.1. Patch  |                          | 3              |
| 6.2. Welt   |                          |                |
| 7. Body measurements for ladies blouse  |                          |                |
| 8. Procedures in taking body measurements for ladies' blouse                        |                          |                |
| 9. Procedures in drafting ladies' blouse  |                          |                |
| 10. Drafting basic/block pattern for ladies blouse                                  |                          | 10             |
| 11. Manipulating basic/block pattern for ladies blouse                              |                          |                |
| 12. Techniques in cutting final pattern   |                          |                |
| <b>LO 2. PREPARE AND CUT MATERIALS FOR LADIES BLOUSE</b>                            |                          |                |
| 13. Accessories and accents for ladies blouse                                       |                          |                |
| 14. Laying -out pattern pieces for ladies blouse                                    |                          |                |
| 15. Transferring of marks onto the fabric   |                          | 3              |
| 16. Cutting the fabrics   |                          |                |
| <b>LO 3. ASSEMBLE GARMENT PARTS FOR LADIES BLOUSE</b>                               |                          |                |
| 17. Pre-assembling procedures for ladies blouse                                     |                          |                |
| 18. Pressing techniques for ladies blouse   |                          |                |
| 19. Procedures in assembling ladies blouse  |                          |                |
| 20. Preparing parts for sewing ladies blouse  |                          |                |
| 21. Unit method of assembling ladies blouse   |                          | 10             |
| 22. Characteristics of a well-fitted ladies blouse                                  |                          |                |
| 23. Evaluation of finished ladies blouse  |                          |                |
| <b>LO 4. APPLY FINISHING TOUCHES ON LADIES BLOUSE</b>                               |                          |                |
| 24. Types of fasteners  |                          |                |
| 24.1 Buttons*   |                          |                |
| 24.2. Snap*   |                          | 5              |

|   |           |
|---|-----------|
| 24.3. Hook and eye*   |           |
| 24.4. Zipper*   |           |
| 25. Finishing touches   |           |
| 25.1. Hemming stitches*   | 2         |
| 25.2. Attaching fasteners                                       |           |
| 26. Trimming techniques for ladies blouse                       |           |
| 27. Procedures in pressing ladies blouse                        | 1         |
| 28. Application of heat and pressure on ladies blouse           |           |
| 29. Labelling of garments                                       |           |
| 30. Kinds of packaging materials                                | 1         |
| 31. Procedures in packaging finished garment                    |           |
| <b>TOTAL NO. OF DAYS</b>  | <b>45</b> |
| <b>4TH QUARTER</b>  |           |
| <b>LESSON: PRODUCE LADIES' SKIRTS (SK)</b>                      |           |
| <b>LO 1. DRAFT AND CUT PATTERN FOR LADIES' SKIRT</b>            |           |
| 1. Principles and elements of design                            |           |
| 2. Types of fabrics suited for ladies skirt                     | 1         |
| 3. Fabric properties  |           |
| 4. Body measurements for ladies skirt                           |           |
| 5. Procedures in taking body measurements for ladies skirt      | 1         |
| 6. Types of ladies skirts                                       |           |
| 7. Types of facings and interfacings                            | 1         |
| 8. Procedures in drafting ladies skirts                         |           |
| 9. Drafting basic/block pattern                                 |           |
| 10. Manipulating basic/block pattern                            | 5         |
| 11. Techniques in cutting final pattern                         |           |
| <b>LO 2. PREPARE AND CUT MATERIALS FOR LADIES SKIRTS</b>        |           |
| 12. Characteristics of fabric                                   | 2         |
| 13. Selection of accessories suited on fabric types and designs |           |
| 14. Principles of laying out the fabric                         |           |
| 15. Laying out pattern pieces                                   | 3         |
| 16. Transferring of marks onto the fabric                       |           |
| <b>LO 3. ASSEMBLE GARMENT PARTS FOR LADIES SKIRTS</b>           |           |
| 17. Pre-assembling procedures                                   |           |
| 18. Pressing techniques   |           |
| 19. Procedures in assembling ladies skirts                      |           |
| 20. Preparing parts for sewing                                  |           |
| 21. Unit method of assembling ladies skirts                     | 25        |
| 22. Characteristics of a well- fitted ladies skirts             |           |
| 23. Evaluation of finished ladies skirts                        |           |
| <b>LO 4. APPLY FINISHING TOUCHES ON LADIES SKIRTS</b>           |           |
| 24. Finishing touches   |           |
| 24.1. Hemming stitches  |           |
| 24.2. Attaching fasteners                                       |           |
| 25. Trimming techniques for ladies skirt                        |           |
| 26. Procedures in pressing ladies skirts                        | 5         |
| 27. Application of heat and pressure on ladies skirts           |           |
| 28. Labelling of garments                                       |           |
| 29. Kinds of packaging materials                                |           |
| 30. Procedures in packaging finished garments                   |           |
| <b>TOTAL NO. OF DAYS</b>  | <b>43</b> |
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