



Updated: July 12, 2019

UNPACKING OF THE CURRICULUM	
Specialization: DRESSMAKING (NCII)	Number of days
GRADE 12	
Quarter: 1ST QUARTER	
INTRODUCTION	
1. Core concepts in dressmaking	
2. Relevance of the course	
3. Career opportunities	
PERSONAL ENTREPRENEURIAL COMPETENCIES - PECS	
LO 1. DEVELOP AND STRENGTHEN PECS NEEDED IN DRESSMAKING.	
1. Assessment of Personal Competencies and Skills (PECs) vis-à-vis a practicing entrepreneur in the locality.	1
1.1. Characteristics	
1.2. Lifestyle	
1.3. Skills	
1.4. Traits	
2. Analysis of PECs in relation to a practitioner	
3. Application of PECs to the chosen business/career	
ENVIRONMENT AND MARKET (EM)	
LO 1. DEVELOP A PRODUCT/ SERVICE IN DRESSMAKING	
1. Product development	
2. Key concepts of developing a product	
3. Finding value for the product	
4. Innovation	
4.1. Unique Selling Proposition (USP)	1
LO 2. SELECT A BUSINESS IDEA	
5. Selecting business idea	
6. Key concepts of selecting a business idea	
6.1 Criteria	
6.2 Techniques	
LO 3. DEVELOP A BRAND FOR THE PRODUCT	
7. Branding	
LESSON 1: PRODUCE LADIES' SKIRTS (SK)	
LO 1. DRAFT AND CUT PATTERN FOR LADIES' SKIRT	
1. Principles and elements of design	
2. Types of fabrics suited for ladies skirt	1
3. Fabric properties	
4. Body measurements for ladies skirt	
5. Procedures in taking body measurements for ladies skirt	1
6. Types of ladies skirts	
7. Types of facings and interfacings	1
8. Procedures in drafting ladies skirts	
9. Drafting basic/block pattern	
10. Manipulating basic/block pattern	5
11. Techniques in cutting final pattern	
LO 2. PREPARE AND CUT MATERIALS FOR LADIES SKIRTS	
12. Characteristics of fabric	
13. Selection of accessories suited on fabric types and designs	2
14. Principles of laying out the fabric	
15. Laying out pattern pieces	3
16. Transferring of marks onto the fabric	
LO 3. ASSEMBLE GARMENT PARTS FOR LADIES SKIRTS	
17. Pre-assembling procedures	
18. Pressing techniques	
19. Procedures in assembling ladies skirts	

20. Preparing parts for sewing	25
21. Unit method of assembling ladies skirts	
22. Characteristics of a well- fitted ladies skirts	
23. Evaluation of finished ladies skirts	
LO 4. APPLY FINISHING TOUCHES ON LADIES SKIRTS	
24. Finishing touches	
24.1. Hemming stitches	
24.2. Attaching fasteners	
25. Trimming techniques for ladies skirt	
26. Procedures in pressing ladies skirts	5
27. Application of heat and pressure on ladies skirts	
28. Labelling of garments	
29. Kinds of packaging materials	
30. Procedures in packaging finished garments	
TOTAL NO. OF DAYS	45
2ND QUARTER	
LESSON 2: PRODUCE LADIES' BLOUSE (BL)	
LO 1. DRAFT AND CUT PATTERN FOR LADIES' BLOUSE	
1. Designs of ladies' blouse	1
2. Types of fabrics suited for ladies' blouse	
3. Types of necklines	2
4. Types of sleeves	
4.1. Set-in sleeve	
4.2. Puff sleeve	
4.3. Kimono	5
4.4. Raglan	
4.5. Dolman	
5. Types of facings and interfacings	2
6. Types of pockets	
6.1. Patch	3
6.2. Welt	
7. Body measurements for ladies blouse	
8. Procedures in taking body measurements for ladies' blouse	
9. Procedures in drafting ladies' blouse	
10. Drafting basic/block pattern for ladies blouse	10
11. Manipulating basic/block pattern for ladies blouse	
12. Techniques in cutting final pattern	
LO 2. PREPARE AND CUT MATERIALS FOR LADIES BLOUSE	
13. Accessories and accents for ladies blouse	
14. Laying -out pattern pieces for ladies blouse	
15. Transferring of marks onto the fabric	3
16. Cutting the fabrics	
LO 3. ASSEMBLE GARMENT PARTS FOR LADIES BLOUSE	
17. Pre-assembling procedures for ladies blouse	
18. Pressing techniques for ladies blouse	
19. Procedures in assembling ladies blouse	
20. Preparing parts for sewing ladies blouse	
21. Unit method of assembling ladies blouse	10
22. Characteristics of a well- fitted ladies blouse	
23. Evaluation of finished ladies blouse	
LO 4. APPLY FINISHING TOUCHES ON LADIES BLOUSE	
24. Types of fasteners	
24.1 Buttons*	
24.2. Snap*	
24.3. Hook and eye*	5
24.4. Zipper*	
25. Finishing touches	
25.1. Hemming stitches*	2
25.2. Attaching fasteners	
26. Trimming techniques for ladies blouse	
27. Procedures in pressing ladies blouse	1
28. Application of heat and pressure on ladies blouse	
29. Labelling of garments	

30. Kinds of packaging materials	1
31. Procedures in packaging finished garment	
TOTAL NO. OF DAYS	45
3RD QUARTER	
LESSON 3: PRODUCE LADIES' TROUSERS (TR)	
LO 1. DRAFT AND CUT PATTERN FOR LADIES' TROUSERS	
1. Designs of ladies trousers	2
2. Types of fabrics suited for ladies trousers	
3. Types of pockets	8
3.1. Patch*	
3.2. Seam*	
3.3. Welt*	
4. Types of facings and interfacings	5
5. Body measurements for ladies trousers	
6. Procedures in taking body measurements for ladies trousers	20
7. Procedures in drafting pattern for ladies trousers	
8. Drafting basic/block pattern for ladies trousers	
9. Manipulating basic/block pattern for ladies trousers	
10. Techniques in cutting final pattern	
LO 2. PREPARE AND CUT MATERIALS FOR LADIES' TROUSERS	
11. Laying -out pattern pieces for ladies trousers	10
12. Transferring of marks onto the fabric	
13. Cut fabrics	
TOTAL NO. OF DAYS	45
4TH QUARTER	
LESSON 3: PRODUCE LADIES' TROUSERS (TR)	
LO 3. ASSEMBLE GARMENT PARTS FOR LADIES' TROUSERS	
1. Pre-assembling procedures for ladies trousers	2
2. Pressing techniques for ladies trousers	
3. Procedures in assembling ladies trousers	20
4. Preparing parts for sewing ladies trousers	
5. Unit method of assembling ladies trousers	
6. Characteristics of a well- fitted ladies trousers	
7. Evaluation of finished ladies trousers	
LO 4. APPLY FINISHING TOUCHES ON LADIES' TROUSERS	
8. Types of fasteners	10
9. Buttons	
9.1. Snap*	
9.2. Hook and eye*	
9.3. Zipper*	
10. Finishing touches	8
10.1. Hemming stitches*	
10.2. Attaching fasteners	
11. Trimming techniques for ladies trousers	5
12. Procedures in pressing ladies trousers	
13. Application of heat and pressure on ladies trousers	
14. Labelling of garments	
15. Kinds of packaging materials	
16. Procedures in packaging finished garment	
TOTAL NO. OF DAYS	45
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